

## STEROIDS HAVING A MIXED ANDROGENIC AND PROGESTAGENIC PROFILE

The invention relates to compounds having a mixed profile of androgenic and  
5 progestagenic activities, to pharmaceutical compositions comprising these compounds  
and to their use in therapy.

Male contraception seeks to suppress spermatogenesis through the suppression of the  
gonadotropins luteinizing hormone (LH) and follicle-stimulating hormone (FSH). This  
10 results in a depletion of intratesticular testosterone and cessation of spermatogenesis.

Administration of progestagen results in a dose dependent suppression of pituitary  
gonadotrophins and consequently, a decrease in testosterone levels and a reversible  
inhibition of spermatogenesis. An exogenous androgen is required to compensate for the  
15 reduced testosterone levels.

In the same way, male hormone replacement therapy (HRT) can be accomplished,  
resulting in replacement of testosterone by an exogenous androgen which is safer on the  
prostate than endogenous testosterone.

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Both, for male contraception and male HRT it would be particularly useful to employ a  
compound having a mixed profile of androgenic and progestagenic activities. *i.e.*, a  
compound which possesses both activities intrinsically within one molecule. The aim  
would be to provide compounds with optimal potency, oral activity, and safety. With  
25 regard to safety it is particularly important to minimise the risk of bone loss and liver  
toxicity.

Compounds with both androgenic and progestagenic properties are known in the art. For  
example,  $7\alpha,17\alpha$ -dimethylnandrolone (Mibolerone) is a highly active androgen also having  
30 progestagenic activity (see *e.g.* L. Markiewicz *et al.*, *Methods and Findings in*  
*Experimental and Clinical Pharmacology* (1997), **19**(4), 215-222). It is orally active but  
suffers from the drawback of severe liver toxicity (see *e.g.*, J. Seaman, *Toxicologic*  
*Pathology* (1985), **13**(3), 177-180).

35 Certain D-homosteroids are also known to possess a mixed androgenic and  
progestagenic profile. For instance, (17a $\beta$ )-13-ethyl-17a-hydroxy-D-homogon-4-en-3-one,

(17a $\beta$ )-13-ethyl-17a-hydroxy-17a-methyl-D-homogon-4-en-3-one, and (17a $\beta$ )-13,17a-diethyl-17a-hydroxy-D-homogon-4-en-3-one, which are described in US 3,959,322, are claimed to possess both androgenic and progestagenic activity. We have shown, however, that these compounds are not orally active.

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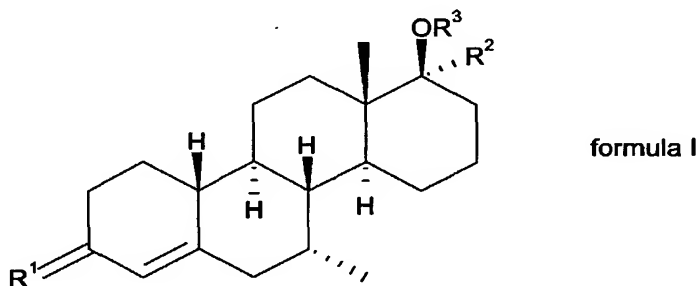
7 $\alpha$ -Methyl-19-nor-D-homotestosterone is disclosed as a synthetic intermediate in WO 85/05361. We have shown that this compound possesses a mixed androgenic and progestagenic profile. We have also shown, however, that it is not orally active either.

10 17 $\alpha$ -Methyl-19-nor-D-homotestosterone, indicated to possess anabolic activity, and in our hands also having progestagenic activity, is described by S.N. Ananchenko *et al.* in *Tetrahedron* (1962), **18**, 1355-67. We have shown, however, that the compound suffers from a combination of low activity upon oral administration and is unable to prevent trabecular bone mineral density (BMD) loss.

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It has now been found, unexpectedly, that within a series of 19-nor-D-homosteroids, mixed androgenic/progestagenic steroids exist which are orally active, which prevent trabecular bone mineral density loss, and which lack liver toxicity. Thus, in a first aspect, the invention provides a series of compounds according to formula I:

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wherein,

R¹ is O, or NOR, with R being hydrogen, (C<sub>1-6</sub>) alkyl or (C<sub>1-6</sub>) acyl,

25 R² is methyl or ethyl, and

R³ is hydrogen or (C<sub>1-15</sub>) acyl.

In one embodiment, the invention provides compounds according to formula I wherein R¹ is O.

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In another embodiment, the invention provides compounds according to formula I wherein  $R^1$  is O and  $R^3$  is hydrogen, i.e., the compounds  $(7\alpha, 17a\beta)$ -17a-hydroxy-7,17a-dimethyl-D-homoestr-4-en-3-one and  $(7\alpha, 17a\beta)$ -17a-ethyl-17a-hydroxy-7-methyl-D-homoestr-4-en-3-one, in particular the compound  $(7\alpha, 17a\beta)$ -17a-hydroxy-7,17a-dimethyl-D-homoestr-4-en-3-one.

The term  $(C_{1-6})$  alkyl represents a branched or unbranched alkyl group having 1-6 carbon atoms. Examples of  $(C_{1-6})$  alkyl groups include methyl, ethyl, propyl, isopropyl, butyl, and tertiary butyl.

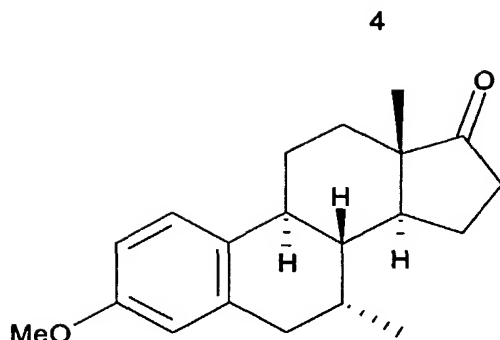
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The term  $(C_{1-6})$  acyl and  $(C_{1-15})$  acyl represent an acyl group derived from a carboxylic acid having respectively 1-6 and 1-15 carbon atoms. The acyl group can comprise a hydrocarbon which may be branched, unbranched, saturated or unsaturated. Examples of  $(C_{1-6})$  acyl groups include formyl, acetyl, propanoyl, propenoyl and pivaloyl, and  
15 examples of  $(C_{1-15})$  acyl include decanoyl and undecanoyl. Also included within the definition of  $(C_{1-6})$  acyl and  $(C_{1-15})$  acyl are acyl groups derived from dicarboxylic acids like hemi-maloyl, hemi-succinoyl and hemi-glutaroyl.

The compounds wherein  $R^1$  is NOR, with R being hydrogen,  $(C_{1-6})$  alkyl or  $(C_{1-6})$  acyl, are  
20 prodrugs of the compounds wherein  $R^1$  is O. Likewise the compounds wherein  $R^3$  is  $(C_{1-15})$  acyl are prodrugs of the corresponding compounds wherein  $R^3$  is hydrogen. Said prodrugs are usually inactive derivatives of the parent compounds which are converted to the active forms *in vivo*.

25 The 19-nor-D-homo steroid derivatives of this invention have the natural configurations  $8\beta$ ,  $9\alpha$ ,  $10\beta$ ,  $13\beta$  and  $14\alpha$ . The configuration at C-7 is  $7\alpha$  and at C-17a the configuration is  $17a\beta$ .

The compounds of the invention can be synthesised according to methods well known in  
30 the art of organic chemistry in general and especially in the art of steroid chemistry. See, for example, Fried, J. and Edwards, J.A., 'Organic Reactions in Steroid Chemistry,' Volumes I and II, van Nostrand Reinhold Company, New York, 1972. A convenient starting material for the preparation of compounds of formula I wherein  $R^1$  is O,  $R^2$  has the meaning as described above, and  $R^3$  is hydrogen is, for example,  $(7\alpha)$ -3-methoxy-7-methylestra-1,3,5(10)-trien-17-one (i.e. the compound of formula II). This compound can  
35 be synthesised using methods well known in the art, see for example, FR 1434172.



formula II

D-Ring homologation of (7 $\alpha$ )-3-methoxy-7-methylestra-1,3,5(10)-trien-17-one can be effected by a number of methods. For example, it can be converted to (7 $\alpha$ )-17-5 (aminomethyl)-3-methoxy-7-methylestra-1,3,5(10)-trien-17-ol followed by treatment with *e.g.* NaNO<sub>2</sub>/AcOH to produce (7 $\alpha$ )-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-one (see *e.g.* Avery, M.A. *et al.*, *Steroids*, 1990, 55, 59). Alternatively, it can be converted to (7 $\alpha$ ,17 $\beta$ )-3-methoxy-7-methyl-16,17-methylene-17-[(trimethylsilyl)oxy]estra-1,3,5(10)-triene followed by treatment with *e.g.* iron(III) chloride to produce (7 $\alpha$ )-3-methoxy-7-10 methyl-D-homoestra-1,3,5(10),16-tetraen-17a-one (see *e.g.* Johns, W.F. *et al.*, *J.Org. Chem.*, 1971, 36, 1952 and Ito, Y. *et al.*, *J. Org. Chem.*, 1976, 41, 2073). The latter may be converted to (7 $\alpha$ )-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-one by *e.g.* catalytic hydrogenation.

15 (7 $\alpha$ )-3-Methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-one can be treated with methylolithium or ethyllithium, or the corresponding Grignard reagents, optionally in the presence of cerium(III) chloride, to produce a (7 $\alpha$ ,17a $\beta$ )-17a-alkyl-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-ol derivative. The latter may be produced together with the corresponding 17a $\alpha$ -OH,17a $\beta$ -alkyl isomer in which case the desired 17a $\beta$ -OH,17a $\alpha$ -alkyl  
20 isomer is separated from the unwanted latter compound by chromatography or crystallisation. Alternatively, (7 $\alpha$ )-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-one can be reacted with, for example, trimethylsulphonium iodide and base to give the 17a-epoxide which can then be converted to the 17a $\beta$ -OH,17a $\alpha$ -methyl compound or 17a $\beta$ -OH,17a $\alpha$ -ethyl compound by reaction with a reducing agent (*e.g.* lithium aluminium  
25 hydride or lithium triethylborane) or methylcopper compound (*e.g.* Me<sub>2</sub>CuLi), respectively. Birch reduction of the resulting (7 $\alpha$ ,17a $\beta$ )-17a-alkyl-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-ol derivative as described in Caine, D. *Org. reactions*, Wiley, New York, 1976, 23, 1, followed by hydrolysis of the  $\Delta^{2,5(10)}$  diene derivatives thus obtained then

provides (7 $\alpha$ ,17 $\alpha$ )-17 $\alpha$ -hydroxy-7,17 $\alpha$ -dimethyl-D-homoestr-4-en-3-one or (7 $\alpha$ ,17 $\alpha$ )-17 $\alpha$ -ethyl-17 $\alpha$ -hydroxy-7-methyl-D-homoestr-4-en-3-one.

Compounds of the invention wherein R<sup>1</sup> is NOR with R being hydrogen, (C<sub>1-6</sub>) alkyl or (C<sub>1-6</sub>) acyl and compounds of the invention wherein R<sup>3</sup> is (C<sub>1-15</sub>) acyl are readily obtained by methods well known in the art. For example, compounds of the invention wherein R<sup>3</sup> is (C<sub>1-15</sub>) acyl are readily obtained by acylation of the corresponding precursors wherein R<sup>3</sup> is hydrogen using, for example, an acylation agent such as the desired acid chloride in the presence of a base such as triethylamine.

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The 19-nor-D-homosteroids of the invention are suitable for use in therapy, *e.g.*, *inter alia* in male contraception and male HRT. With male HRT is meant androgen supplementation as well as testosterone replacement.

Administration of a compound according to the invention will be greatly aided by the manufacture of pharmaceutical compositions. The present invention therefore also relates to a pharmaceutical composition comprising a compound according to the invention mixed with a pharmaceutically acceptable excipient, such as the ones described in Gennaro *et al.*, Remington: *The Science and Practice of Pharmacy*, 20<sup>th</sup> Edition, Lippincott, Williams and Wilkins, 2000; see especially part 5: pharmaceutical manufacturing. Suitable excipients are made available *e.g.*, in the Handbook of Pharmaceutical Excipients, 2<sup>nd</sup> Edition; Editors A. Wade and P.J.Weller, American Pharmaceutical Association, Washington, The Pharmaceutical Press, London, 1994. The mixtures of a compound according to the present invention and a pharmaceutically acceptable excipient may be compressed into solid dosage units, such as tablets, or be processed into capsules or suppositories. For making dosage units *e.g.*, tablets, the use of conventional additives such as fillers, colorants and polymeric binders is contemplated. In general, any pharmaceutically acceptable additive, which does not interfere with the function of the active compounds can be used. Suitable fillers with which the pharmaceutical compositions can be prepared and administered include lactose, starch, cellulose and derivatives thereof, or mixtures thereof used in suitable amounts.

Male contraception frequently is described to comprise a regimen of administration of hormones in which a progestagen serves to achieve a contraceptive effect and an androgen serves to supplement the resulting decreased testosterone level. The combined androgenic/progestagenic nature of the compounds of the invention allows the

achievement of male contraception through the progestagen-androgen system on the basis of one single compound.

Thus, the invention also relates to the use of a steroid compound according to the  
5 invention for the manufacture of a medicament having contraceptive activity (for which in the art the term 'contraceptive agent' is also used).

The invention pertains to a method of contraception, comprising administering to a fertile male, notably human, a compound according to the invention in a dosage amount and  
10 regimen, which is sufficient for said compound to be contraceptively effective per se, and which simultaneously serves to maintain a sufficient androgen level in the male subject to this contraceptive method. Alternatively, the method of contraception provided by the present invention comprises administering to a fertile male, notably human, a contraceptively effective combination of a sterilitant, such as a progestagen, and a  
15 compound according to the invention. As a second alternative, the method of contraception involves the administration of a compound according to the invention as the (progestagenic) sterilitant, wherein the maintenance of a sufficient androgen level is taken care of, in part, by the androgenic activity of the compound of the invention, and which is supplemented by an additional androgen.

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The invention also pertains to a kit for male contraception comprising means for the administration of a progestagen and means for the administration of an androgen, characterised in that one of the means is a pharmaceutical composition comprising a compound according to the present invention.

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The androgenic/progestagenic compounds of the invention can also be used for testosterone supplementation in the partially androgen deficient (ageing) male.

The androgenic/progestagenic compounds of the invention can also be used for (partial)  
30 replacement of endogenous testosterone. The progestagenic activity leads to an advantage of the compounds of the invention in that the production of endogenous testosterone is suppressed. The androgenic activity serves to compensate for the resulting testosterone deficiency. This allows replacement of testosterone by an exogenous androgen, which is safer than endogenous testosterone. Endogenous  
35 testosterone is converted by 5 $\alpha$ -reductase to the more potent 5 $\alpha$ -dihydrotestosterone resulting in well known detrimental effects such as prostate problems, acne and hair loss.

Hence by virtue of the androgenic/progestagenic compounds of the invention, one can advantageously diminish the intrinsic detrimental effects of endogenous testosterone. Therefore, and more specifically, the compounds of the invention can be used for the treatment of benign prostate hypertrophy (BPH).

- 5 Optionally, the androgenic/progestagenic compounds of the invention can be combined with an androgen known in the art which is not  $5\alpha$ -reducible, such as MENT, or the androgens disclosed in WO 99/67271, WO 00/53619, WO 00/59920 or WO 01/05806, or a progestagen known in the art.
- 10 Thus, the invention also relates to the use of a compound according to the invention for the manufacture of a medicament for the treatment of androgen insufficiency or a medicament for testosterone replacement. The person skilled in the art will appreciate that this use can comprise the combined administration of a compound according to the invention and an androgen or alternatively the combined use of a compound according to
- 15 the invention and a progestagen. Accordingly, the invention also includes a method of treatment in the field of male hormone replacement therapy comprising the administration, to a male of a compound as described hereinbefore (in a suitable pharmaceutical dosage form).
- 20 The invention also pertains to a method of treatment comprising administering to a male in need of androgen supplementation or testosterone replacement a therapeutically effective amount of a compound according to the invention, optionally in combination with an androgen known in the art, or a progestagen known in the art.
- The invention is illustrated with the following examples.

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### Example 1

#### Preparation of (7 $\alpha$ ,17 $\alpha$ )-17 $\alpha$ -hydroxy-7,17 $\alpha$ -dimethyl-D-homoestr-4-en-3-one

##### (7 $\alpha$ ,17 $\alpha$ )-17 $\alpha$ -Hydroxy-7,17 $\alpha$ -dimethyl-D-homoestr-4-en-3-one

- i) - A solution of diisopropylamine (42.4 ml) in dry tetrahydrofuran (294 ml) was cooled to -
- 30 30 °C. *n*-BuLi (1.6 M solution in hexanes, 173 ml) was added dropwise ( $T < -10$  °C) and stirring was continued at -30 °C for 10 min. The reaction mixture was cooled to -78 °C and a solution of (7 $\alpha$ )-3-methoxy-7-methylestra-1,3,5(10)-trien-17-one [see FR 1434172; 25.0 g] in dry tetrahydrofuran (398 ml) was added dropwise. Stirring was continued for 1 h at -
- 78 °C. Chlorotrimethylsilane (31.5 ml, freshly distilled from CaH) was added and the
- 35 temperature was allowed to rise to room temperature. The mixture was stirred for 30 min. after addition of TMSCl, cooled to 0 °C, and then quenched with a saturated aqueous

solution of ammonium chloride. The mixture was extracted with ethyl acetate; the combined organic phases were washed with brine, dried over sodium sulfate and concentrated under reduced pressure, to give (7 $\alpha$ )-3-methoxy-7-methyl-17-  
5 following step without further purification.

ii) - A solution of the product obtained in the previous step (35.5 g) and diiodomethane (27.3 ml) in dry dichloromethane (503 ml) was cooled to 0 °C. A solution of diethylzinc in hexane (15 % wt., 305 ml) was added (T < 5 °C), the ice-bath was removed and the  
10 mixture was poured into a saturated aqueous solution of ammonium chloride and the mixture was extracted with ethyl acetate. The combined organic phases were washed with brine, dried over sodium sulfate, and concentrated under reduced pressure, to give (7 $\alpha$ )-3-methoxy-7-methyl-16,17-methylene-17-[(trimethylsilyl)oxy]estra-1,3,5(10)-triene (35.5 g). The product was used in the following step without further purification.

15 iii) - A solution of the product obtained in the previous step (35.5 g) in dry dimethylformamide (169 ml) was added to an ice-cooled solution of iron(III) chloride (very dry, 40.8 g) in the same solvent (169 ml). The ice bath was removed and the reaction mixture was stirred for 1.5 h at room temperature. Under cooling, the mixture was quenched dropwise with aqueous hydrochloric acid (2 M). The mixture was poured into  
20 water and extracted with ethyl acetate; the combined organic phases were washed with water and brine, dried over sodium sulfate and concentrated under reduced pressure. Column chromatography afforded (7 $\alpha$ )-3-methoxy-7-methyl-D-homoestra-1,3,5(10),16-tetraen-17a-one (10.0 g).

iv) - A suspension of palladium on activated carbon (10%; 5 g) in water (50 ml) was added  
25 to a solution of the product obtained in the previous step (67 g) in a mixture of ethanol (1250 ml) and THF (250 ml) and the mixture was stirred under hydrogen (5 bar) at room temperature overnight. A sample of the reaction mixture was filtered over celite and the filtrate was concentrated under reduced pressure. <sup>1</sup>H-NMR indicated a conversion of 70%. Another portion of Pd/C (10%, 2.5 g) was added and stirring under hydrogen (5 bar) was  
30 continued overnight. Work-up as described above afforded (7 $\alpha$ )-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17a-one (61 g). The product was used in the following step without further purification.

v) - A mixture of methyl lithium (1.4 M solution in diethyl ether, 475 ml) and dry THF (5000 ml) was cooled to -40 °C. A solution of the product obtained in the previous step (54 g) in  
35 dry THF (1000 ml) was added and the reaction mixture was stirred at room temperature overnight. The mixture was poured into a saturated aqueous solution of ammonium

chloride (7500 ml) and extracted with ethyl acetate. The combined organic phases were washed with brine, dried over sodium sulfate and concentrated under reduced pressure. Column chromatography afforded (7 $\alpha$ ,17 $\alpha$  $\beta$ )-3-methoxy-7,17 $\alpha$ -dimethyl-D-homoestra-1,3,5(10)-trien-17 $\alpha$ -ol (19.9 g).

- 5 vi) - The product obtained in the previous step (1.0 g) in dry tetrahydrofuran (25 ml) was added to liquid ammonia (100 ml), cooled to -45 °C. Lithium (0.65 g) was added and the reaction mixture was stirred at -45 °C for 2 h. A mixture of 2-propanol (10 ml) and dry THF (10 ml) was added dropwise and the mixture was stirred overnight while allowing the ammonia to evaporate. A saturated aqueous solution of ammonium chloride (100 ml) was  
10 added followed by ethyl acetate (250 ml). The mixture was extracted with ethyl acetate. The combined organic phases were washed with brine, dried over sodium sulfate and concentrated under reduced pressure, to give (7 $\alpha$ ,17 $\alpha$  $\beta$ )-3-methoxy-7,17 $\alpha$ -dimethyl-D-homoestra-2,5(10)-diene-17 $\alpha$ -ol (1.02 g). The product was used in the following step without further purification.
- 15 vii) - A solution of the product obtained in the previous step (1.02 g) in acetone (50 ml) was treated with hydrochloric acid (6 M, 5 ml). After 2 h stirring at room temperature, the reaction mixture was neutralized with a saturated aqueous solution of sodium hydrogencarbonate and the product was extracted into ethyl acetate. The combined organic phases were washed with brine, dried over sodium sulfate and concentrated  
20 under reduced pressure. Crystallization afforded (7 $\alpha$ ,17 $\alpha$  $\beta$ )-17 $\alpha$ -hydroxy-7,17 $\alpha$ -dimethyl-D-homoestr-4-en-3-one (m.p. 152 °C).

## Example 2

### Preparation of (7 $\alpha$ ,17 $\alpha$ $\beta$ )-17 $\alpha$ -ethyl-17 $\alpha$ -hydroxy-7-methyl-D-homoestr-4-en-3-one

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#### (7 $\alpha$ ,17 $\alpha$ $\beta$ )-17 $\alpha$ -Ethyl-17 $\alpha$ -hydroxy-7-methyl-D-homoestr-4-en-3-one

- i) - A suspension of cerium(III) chloride (1.8 g) in dry tetrahydrofuran (40 ml) was stirred overnight and then cooled to -78 °C. Ethylmagnesium chloride in tetrahydrofuran (25 %, 3.3 ml) was added and stirring was continued for 1 h. Solid (7 $\alpha$ )-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17 $\alpha$ -one [Example 1, step iv; 0.50 g] was added and the  
30 reaction mixture was allowed to reach room temperature in 1.5 h. The mixture was poured into a saturated aqueous solution of ammonium chloride and the product was extracted into ethyl acetate. The combined organic phases were washed with brine, dried over sodium sulfate and concentrated under reduced pressure. Column chromatography  
35 afforded (7 $\alpha$ ,17 $\alpha$  $\beta$ )-17 $\alpha$ -ethyl-3-methoxy-7-methyl-D-homoestra-1,3,5(10)-trien-17 $\alpha$ -ol (0.11 g).

- ii) - The product obtained in the previous step (0.11 g) in dry tetrahydrofuran (10 ml) was added to refluxing liquid ammonia (50 ml). Lithium (0.65 g) was added and the reaction mixture was stirred for 10 min. A solution of *tert*-butanol in tetrahydrofuran was added and stirring was continued for another 1.5 h. After cooling to -78 °C, the mixture was quenched with ethanol and the ammonia was allowed to evaporate. Water was added and the product was extracted into ethyl acetate. The combined organic phases were washed with brine, dried over sodium sulfate and concentrated under reduced pressure, to give (7 $\alpha$ ,17 $\alpha$  $\beta$ )-17 $\alpha$ -ethyl-3-methoxy-7-methyl-D-homoestra-2,5(10)-dien-17 $\alpha$ -ol. The product was used in the following step without further purification.
- 10 iii) - Following a procedure analogous to that described under vii of Example 1, the product obtained in the previous step was converted to (7 $\alpha$ ,17 $\alpha$  $\beta$ )-17 $\alpha$ -ethyl-17 $\alpha$ -hydroxy-7-methyl-D-homoestr-4-en-3-one (0.071 g). <sup>1</sup>H-NMR (CDCl<sub>3</sub>) 5.83 (bs, 1H), 2.48-0.94 (m), 0.90 (t, 3H, J = 7.8 Hz), 0.72 (d, 3H, J = 7.4).

### 15 Example 3

#### Androgenic and progestagenic agonistic activity of the compounds of the invention

The compounds according to the invention were tested for androgenic activity and for progestagenic activity.

The transactivative androgen agonistic activity of the compounds of the invention was measured in Chinese hamster ovary cells (CHO) transfected with the human androgen receptor (hAR), in combination with a mouse mammary tumor virus (MMTV), and luciferase receptor gene (incubation time 16 h, temperature 37 °C) and compared with the activity of 5 $\alpha$ -dihydrotestosterone [according to the procedure described by Schoonen, W.G.E.J. *et al.*, *Analyt. Biochem.* 261, 222-224 (1998)].

25 The transactivative progestagenic agonistic activity of the compounds of the invention was measured in Chinese hamster ovary cells (CHO) transfected with the human progesterone receptor B (hPRB), in combination with a mouse mammary tumor virus (MMTV), and luciferase receptor gene (incubation time 16 h, temperature 37 °C) and compared with the activity of (16 $\alpha$ )-16-ethyl-21-hydroxy-19-norpregn-4-ene-3,20-dione [according to the procedure described by Schoonen, W.G.E.J. *et al.*, *Analyt. Biochem.* 261, 222-224 (1998)]. Results are collected in Table 1.

#### The LH suppression assay

The *in vivo* potency of the compounds of the invention was determined in a mature male castrated rat model.

In this model serum LH is high (about 20x fold higher than with intact rats, due to the absence of the negative feedback of testicular testosterone). These rats are p.o. treated for 4 days daily with a given compound of the invention in a suspension fluid of arachis oil or arachis oil + 5 or 10% ethanol. Before dosing and 3 hours after the last oral dose blood is collected via tail vein and in the serum LH is determined. Potency (p.o.) of the compounds of the invention (minimal active dose, MAD) is expressed as the amount (mg/kg) of a compound of the invention which suppresses serum LH for 65% (with a 95% confidence interval).

The rat LH Time-Resolved Immuno Fluorometric Assay (TR-IFMA) has been developed in house using home made reagents, a monoclonal catching antibody directed against the  $\beta$ -subunit of human chorion gonadotrophin (hCG, which cross reacts with rat  $\beta$ -subunit) and a biotin labelled detecting antibody (rabbit polyclonal antibody directed against the  $\alpha$ -subunit of recombinant rat LH). Recombinant rat LH was prepared according to known methods, e.g., the method described by Hakola *et al.*, Molecular & Cellular Endocrinology (1997), 128, 47-56. In this two-site-IFMA, only intact rat LH is determined by a final incubation with streptavidin-europium. The detection in the IFMA is based on fluorescence of the lanthanide europium during a relative long excitation period. The concentration range of rat LH standard is 0.001-10 ng/ml, for optimal accuracy measurements of serum LH serum samples were diluted 8-times with assay buffer (J.I. van Casteren *et al.*, Biol. Reprod. (2000), 62, 886-894). Results are collected in Table 1.

**Table 1. Androgenic and progestagenic agonistic activity / LH suppression data of compounds of the invention (Examples 1 and 2) and prior art compounds (A-C).**

Compound	Androgenic Activity (%)	Progestational Activity (%)	LH-Suppression MAD po (mg/kg)
Cpd of Example 1	42.9	53.3	8.5
Cpd of Example 2	9.9	29.7	10
Reference compound A	71.6	98.0	>30
Reference compound B	25.3	10.6	>30
Reference compound C	220	45	1.0

Reference compound A: (17 $\alpha$ ) $\beta$ -17 $\alpha$ -Hydroxy-17 $\alpha$ -methyl-D-homoestr-4-en-3-one.  
 Reference compound B: (7 $\alpha$ ,17 $\alpha$ ) $\beta$ -17 $\alpha$ -Hydroxy-7-methyl-D-homoestr-4-en-3-one.  
 Reference compound C: (7 $\alpha$ ,17 $\beta$ )-17-Hydroxy-7,17-dimethylestr-4-en-3-one (Mibolerone).

Anti-osteoporosis test in mature male castrated rats (6 weeks treatment)

In this test the oral efficacy of a compound of the invention for the prevention of castration-induced trabecular bone mineral density (BMD) loss in male rats was evaluated.

- 5 Mature male Wistar rats (350-400 g) were used. Orchidectomy (orx) or sham operation was performed under isoflurane anaesthesia. After recovery of anaesthesia, within 24 hours, rats were treated once daily for 6 weeks p.o. with different doses of the compounds of the invention or vehicle only (placebo intact, placebo orx) with a volume of 1 ml/kg (n=5). One day after the last administration autopsy is performed and the right  
10 femur is dissected out. Trabecular bone mineral density of the metaphysal part of the femur was measured with a pQCT (peripheral Quantitative Computed Tomography machine; XCT 960A, Stratec, Birkenfeld, Germany). Results are collected in Table 2.

**Table 2. Results from osteoporosis assay.**

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Compound	Dose	BMD (gmean $\pm$ sem)	Mean proportional difference in bone density
Placebo intact	0 mg/kg	217 $\pm$ 27	100 %
Placebo orx	0 mg/kg	100 $\pm$ 17	0 %
Cpd of Example 1	8 mg/kg	255 $\pm$ 22	133 %
Reference compound A	16 mg/kg	133 $\pm$ 20	28 %

Determination of liver safety: the BSP retention assay

- The primary aim of this test was the evaluation of liver function, by measuring the  
20 clearance of a single, i.v. injected, dose of bromosulphophthalein (BSP) after 7 days (once daily) p.o. treatment of male castrated rabbits.

- Briefly, this test was performed in mature male castrated NZW rabbits. At least two weeks after castration animals were treated for seven days (once daily) with compounds of the invention in tablets or in vehicle arachis oil + 5% ethanol resulting in doses of 10 mg/kg.  
25 Twenty-four hours after the last administration the rabbits were lightly sedated with 0.15 ml Hypnorm i.m., and BSP was injected (15 mg/kg i.v., dissolved in 5% (w/v) mannitol/H<sub>2</sub>O). Blood was collected at 5, 10, 15 and 20 minutes, and BSP content in plasma was determined with a spectrophotometer. The T<sub>1/2</sub> with respect to BSP was calculated from the obtained data (see Table 3).

**Table 3. BSP data of a compound of the invention.**

Compound	Vehicle	T <sub>1/2</sub> BSP (min.)
Cpd of Example 1	Tablet	6.3
Testosterone	Tablet	5.2
Reference compound C	Tablet	13.6
Cpd of Example 1	Arachis oil + 5% ethanol	4.6
Testosterone	Arachis oil + 5% ethanol	4.2
Reference compound C	Arachis oil + 5% ethanol	7.1